

ALTERNATIVE THERAPIES

Sat	Indian Head Massage	10851NP399	Hillside Community Centre, Stowmarket
	Start date 23.10.10	1 day	10.00am – 2.00pm £17, £15, £10

ART

Mon	Painting and Drawing Workshop	10851NP014A	Woolpit Institute
	Start date 20.09.10	10 weeks	10.00am – 12noon £85, £77, £34
	Watercolours – Beginners	10851NE286A	Bacton Middle School
	Start date 20.09.10	10 weeks	7.00pm – 9.00pm £85, £77, £34
Tue	Watercolour Painting and Drawing	10851NP525A	Norton Village Hall
	Start date 21.09.10	10 weeks	10.00am – 12noon £85, £77, £34
	Painting, Watercolour and Other Media	10851NP019A	Badwell Ash Village Hall
	Start date 21.09.10	10 weeks	1.15pm – 3.15pm £85, £77, £34
	Painting and Sketching Using All Media	10851NE018A	Blackbourne Middle School, Stanton
	Start date 21.09.10	10 weeks	7.00pm – 9.30pm £106, £95, £42
	Art for Fun	10851NE492A	Stowmarket High School
	Start date 21.09.10	10 weeks	7.00pm – 9.00pm £85, £77, £34
Wed	Art for Fun	10851NP458A	Hillside Community Centre, Stowmarket
	Start date 22.09.10	10 weeks	10.00am – 12noon £85, £77, £34
	Life Drawing and Painting	10851NE024A	Thurston Community College
	Start date 22.09.10	10 weeks	7.15pm – 9.15pm £105, £97, £54
Thu	Watercolours - The Art Class	10851NP060A	Pakenham Village Hall
	Start date 23.09.10	10 weeks	1.00pm – 3.00pm £85, £77, £34
	Botanical Illustration	10851NP235A	Garboldisham Village Hall
	Start date 23.09.10	10 weeks	9.30am – 12.30pm £128, £115, £51
Fri	Watercolour Painting	10851NP543A	Hillside Community Centre, Stowmarket
	Start date 24.09.10	10 weeks	10.00am – 12noon £75, £77, £34
	Life Study Workshop	10851NP267A	Badwell Ash Village Hall
	Start date 26.11.10	1 day	10.00am – 4.00pm £32, £29, £16
Sat	Life Study Workshop	10851NP268A	Badwell Ash Village Hall
	Start date 27.11.10	1 day	10.00am – 4.00pm £32, £29, £16

COMPUTING

Flexible Learning

IT Workshops:Beginners/Level 1/Level 2	10851NP518	The Learning Centre, Stowmarket
Start date Various	10 hour booking slots	£43* £39* £17*
CLAiT Assessments optional		*does not include assessment fees

Tutor led courses

Tue	Computing for Absolute Beginners Step 1	10851NP487A	The Learning Centre, Stowmarket
	Start date 12.10.10	3 weeks	1.00pm – 3.00pm £26, £23, £10
	Computing for Absolute Beginners Step 2	10851NP488A	The Learning Centre, Stowmarket
	Start date 09.11.10	5 weeks	1.00pm – 3.00pm £43, £39, £17
Wed	Counselling	10851NE531A	Stowmarket High School
	Start date 22.09.10	10 weeks	6.30pm – 9.00pm £106, £95, £42

CREATIVE SKILLS

Mon	Soft Furnishing and Upholstery	10851NP028A	Hillside Community Centre, Stowmarket
	Start date 20.09.10	10 weeks	12.30pm – 3.00pm £106, £95, £42
	Sugarcraft	10851NP031A	Hillside Community Centre, Stowmarket
	Start date 20.09.10	10 weeks	2.15pm – 4.15pm £85, £77, £34
	Introduction to Sugarflowers	10851NE497A	Stowmarket High School
	Start date 20.09.10	9 weeks	7.00pm – 9.00pm £77, £69, £31
	Resistant Material Crafts	10851NE023A	Bacton Middle School
	Start date 20.09.10	10 weeks	7.00pm – 9.00pm £85, £77, £34
Tue	Beginners Cake Decoration	10851NP008A	Needham Market Community Centre
	Start date 21.09.10	10 weeks	9.30am – 11.30am £85, £77, £34
	Couture Dressmaking and Millinery	10851NE032A	Stowmarket High School
	Start date 21.09.10	10 weeks	7.30pm – 9.30pm £85, £77, £34
Wed	Soft Furnishing and Upholstery	10851N P032A	New Green Centre, Thurston
	Start date 22.09.10	10 weeks	9.30am – 12.30pm £128, £115, £51
Thu	Cake Decorating and Sugarcraft	10851NE033A	Stowmarket High School
	Start date 23.09.10	10 weeks	7.00pm – 9.00pm £85, £77, £34

DIGITAL PHOTOGRAPHY AND EDITING

Fri	Digital Photography - Beginners	10851NP516A	The Learning Centre, Stowmarket
	Start date 24.09.10	5 weeks	7.30pm – 3.30pm £43, £39, £17
	Digital Editing - Beginners	10851NP515A	The Learning Centre, Stowmarket
	Start date 05.11.10	5 weeks	1.30pm – 3.30pm £43, £39, £17

FITNESS, DANCE AND YOGA

Tue	Bodyworkout	10851NE044A	Thurston Primary School
	Start date 28.09.10	11 weeks/pay on the day	7.30pm – 8.30pm £4.25, £3.80
	KFA Fitness – Mature Moves	10851NP262A	The Blackbourne, Elmswell
	Start date 21.09.10	11 weeks	10.00am – 11.00am £47, £42, £19
Thur	KFA Fitness – Mature Moves	10851NP047A	Ixworth Village Hall
	Start date 23.09.10	11 weeks	2.00pm – 3.00pm £47, £42, £19
	Aerobics/Bodyconditioning	10851NE068A	Woolpit Primary School
	Start date 30.09.10	10 weeks	7.30pm – 9.00pm £70, £63, £28
Fri	Body Focus	10851NP050A	New Green Centre, Thurston
	Start date 24.09.10	12 weeks/pay on the day	9.30am – 10.30am £4.25, £3.80

DANCE

Thu	Ballroom Dancing	10851NE508A1	Combs Ford Primary School, Stowmarket
	Start date 23.09.10	5 weeks	7.00pm – 9.00pm £43, £39, £17
	Ballroom Dancing	10851NE508A2	Combs Ford Primary School, Stowmarket
	Start date 04.11.10	5 weeks	7.00pm – 9.00pm £43, £39, £17

YOGA

Tue	Yoga - Mixed Ability	10851NE075A	Botesdale Village Hall
	Start date 21.09.10	10 weeks	7.15pm – 9.15pm £85, £77, £34
Wed	Yoga - Mixed Ability	10851NE043A	Thurston Community College
	Start date 22.09.10	10 weeks	7.30pm – 9.00pm £64, £58, £26
	Yoga – Beginners	10851 NE216A	Bosmere Primary Sch, Needham Market
	Start date 22.09.10	10 weeks	6.45pm – 7.45pm £43, £39, £17
	Yoga - Intermediate and Advanced	10851NE217A	Bosmere Primary Sch, Needham Market
	Start date 22.09.10	10 weeks	8.00pm – 9.30pm £64, £58, £26
Thur	Yoga - Mixed Ability	10851NP036A	Pakenham Village Hall
	Start date 23.09.10	10 weeks	9.30am – 11.00am £64, £58, £26

GARDENING

Mon	Look after your Lawn	10851NP522	The Learning Centre, Stowmarket
	Start date 04.10.10	1 day	2.00pm – 4.00pm £10, £9, £7
	Pruning and Training	10851NP524	The Learning Centre, Stowmarket
	Start date 01.11.10	1 day	2.00pm – 4.00pm £10, £9, £7
Tue	Planting Design – Shady Garden	10851NE528	Christchurch Hall, Needham Market
	Start date 02.11.10	5 weeks	7.00pm – 9.00pm £43, £39, £17

LANGUAGES

Tue	French Year 1 - Part I of 3	10851NE505A	Stowmarket High School
	Start date 21.09.10	10 weeks	7.00pm – 9.00pm £85, £77, £34
	French Circle	10851NE053	Thurston Community College
	Start date 21.09.10	30 weeks	7.30pm – 9.30pm £255, £230, £102
Wed	French Year 1 – Part I of 2	10851NP270A	The Learning Centre, Stowmarket
	Start date 22.09.10	15 weeks	1.00pm – 3.00pm £128, £115, £51
	French Intermediate	10851NP217	New Green Centre, Thurston
	Start date 22.09.10	30 weeks	9.30am -11.30am £255, £230, £102
Thu	French Circle	10851NE153	Drinkstone Village Hall
	Start date 23.09.10	30 weeks	7.30pm – 9.30pm £255, £230, £102
	Spanish Year 2 – Part I of 3	10851NP271A	The Learning Centre, Stowmarket
	Start date 23.09.10	10 weeks	1.00pm – 3.00pm £85, £77, £34
	Spanish Year 1 – Part I of 3	10851NE503A	Stowmarket High School
	Start date 23.09.10	10 weeks	7.00pm – 9.00pm £85, £77, £34
	Spanish Year 1 – Part I of 2	10851NE272A	Thurston Community College
	Start date 23.09.10	15 weeks	7.00pm – 9.00pm £128, £115, £51
Fri	French Circle	10851NP054	New Green Centre, Thurston
	Start date 24.09.10	30 weeks	10.00am – 12noon £255, £230, £102

Advice on learning and work

We offer a free, friendly, careers service for everyone – providing you with a huge range of information and advice to help you improve your skills, get new qualifications and find the right job.

Appointments available every Tuesday and Thursday at The Learning Centre in Stowmarket
Call in or ring us to book yours

Are you unemployed and need to retrain?

Call in to find out about opportunities available to you – we may be able to help

How to join a class

Online - www.westsuffolk.ac.uk

By telephone – 01449 613903/01284 716333

By post – Cheques payable to West Suffolk College. Please state name, address, date of birth, telephone number, course code and course title and send to The Learning Centre in Stowmarket

In person – call into The Learning Centre

FEES - The fee for each course is printed against the course entry. EG: £85, £77, £34
£85 = Full fee; £77 = 60+ concessions; £34 = Means Tested Benefit Concession
(evidence must be shown at time of enrolment).

- All students will be asked to complete an Individual Learning Plan (R.A.R.P.A).
- All students attending a fitness class will have to complete a Health Questionnaire before the commencement of their course.

Class Sizes – Popular courses fill quickly – so book your place early to avoid disappointment. At the same time, we have to maintain minimum class sizes and, unfortunately, courses that do not attract sufficient numbers will be cancelled. The Learning Centre will advise you about class numbers and keep in touch with you if there are problems with the course you choose to join.

REFUND POLICY – Fees will be refunded in full if a course fails to start except in circumstances beyond the control of the College. Refunds will not be given post enrolment should a student decide to withdraw from course.

All dates and prices are correct at the time of printing but may be subject to change